

WELCOME TO KIDSFIT ONLINE

To help you get started, here are the step by step guide for the following platform

- PWC Teachable
 - o New Videos throughout the week for you to watch anytime, anywhere.

Let's get started!



PWC TEACHABLE



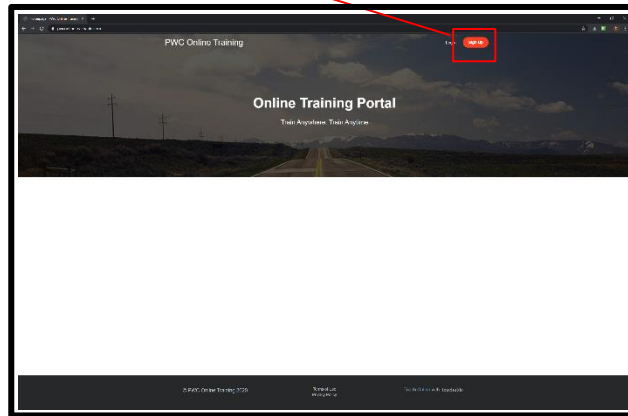
HOW TO SETUP PWC TEACHABLE

1. Go to: <https://pwconline.teachable.com/>
2. Click on Sign Up

Mobile Platform

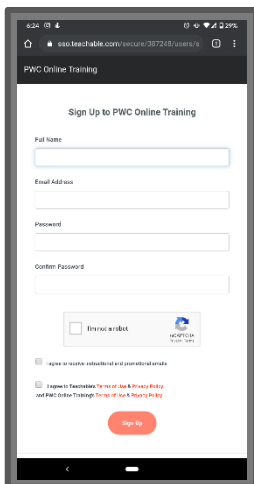


Web Platform

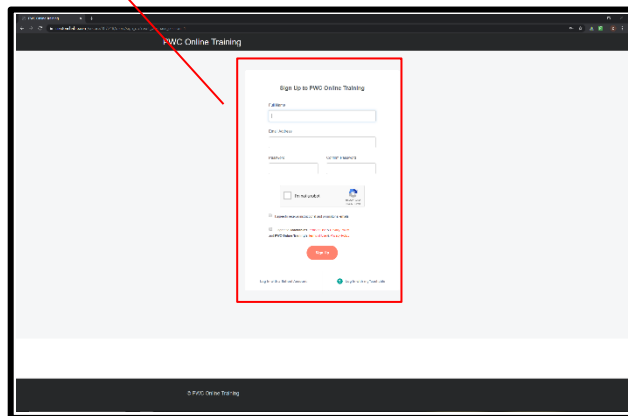


3. Complete the sign-up form. Please use your child's name to help us identify. If you have more than one child training with us, please use your surname followed by 'siblings' eg Lee Siblings.

Mobile Platform

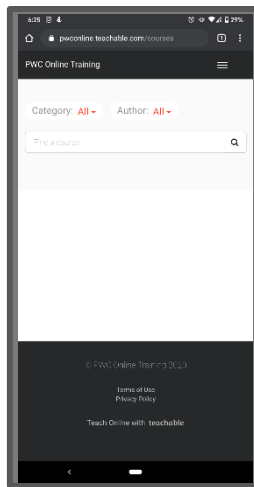


Web Platform

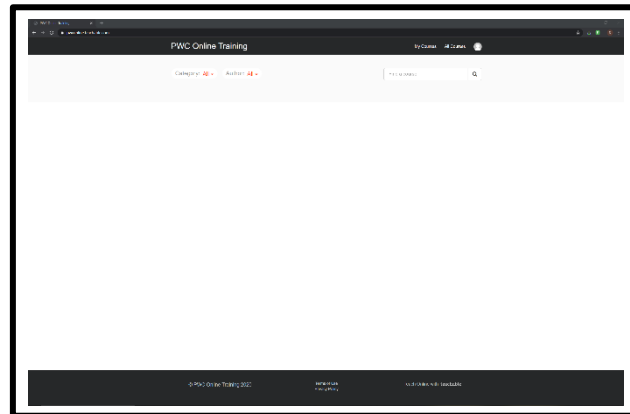


- Once done, you are almost ready to go. Your training page will be **blank** to start with. Please allow 24 hrs for us to add the course to your account.

Mobile Platform



Web Platform

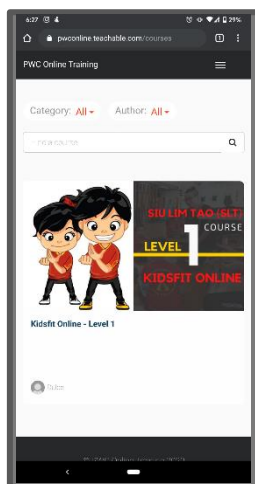


When we have enrolled you in, we will let you know.

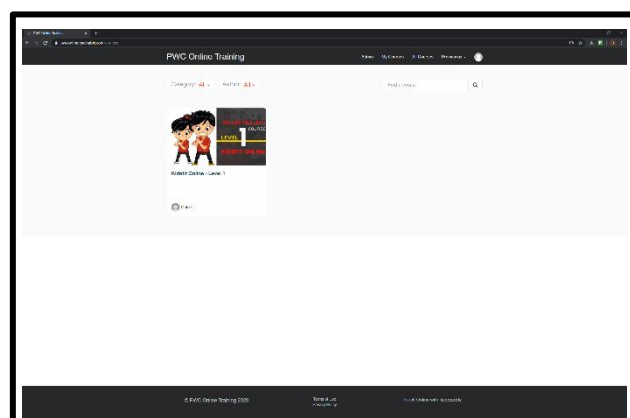
- Log back in to teachable, your screen will display the course. Simply click on it to view the videos.

Depending on what device you are using, you may need to click on 'My Courses' in the top menu

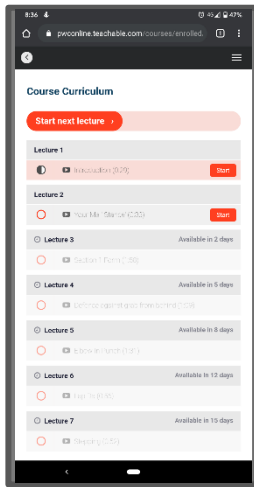
Mobile Platform



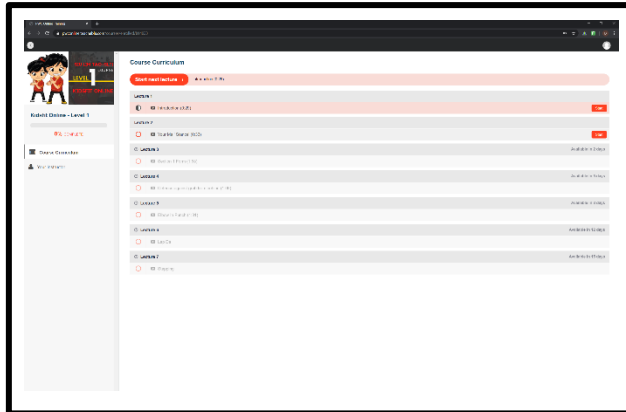
Web Platform



Mobile Platform



Web Platform



Please note, the videos included in the course will be gradually released throughout the week. Even though the video represents only one technique, we encourage your child to practice the technique. It may not seem much and maybe it's a technique your child has already learnt, but repetition is key in Wing Chun and like the famous quote from Bruce Lee...

